

# 心靈環保：覺醒與啟蒙

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## 摘要

自 1980 年代興起的全球化，是一個影響全世界眾生以及漫長挑戰的歷史進程。全球化不僅是一個經濟和技術的過程，它同時也是一個關於政治、社會和道德的過程。不幸的是，現時世界已不再融合；世界正在分化。且經濟競爭已經與政治、道德和其他競爭合併為一場全球主導地位的競爭。由人心的貪嗔癡所驅動的極限經濟成長和科技與倫理的無限擴張，終究引發了人類文明史上空前的挑戰，包括資源消耗、氣候變遷、全球疫情以及戰亂飢荒等。

面對目前全球的困境，以及我們逐漸失去預測歷史走向的能力，這是人類的共業，我們必須滿懷謙卑。如何尋找新的覺醒，包容世界的一切，展開新的啟蒙運動，重新建構基於理性和慈悲的思想與道德體系，是當前刻不容緩的要務。《維摩詰經》云：「隨其心淨則佛土淨」，聖嚴法師所倡導的心靈環保，提供了人類心靈覺醒和新的啟蒙運動的旅程。

**關鍵詞：**心靈環保、覺醒、啟蒙運動、全球化

# **Protecting Spiritual Environment :**

## **Awakening and Enlightenment**

### **Abstract**

Globalization, since the 1980's, is a historical process and a perennial challenge facing all the living beings in the world. Globalization not only represents the convergence of an economic and technological progress, but it is also a political, social, and moral process. Unfortunately, the world now is not converging anymore; it's diverging. Economic rivalries have now merged with political, moral and other rivalries into one global contest for dominance. The pursuit of extreme economic growth and unlimited trial of technological and ethical boundaries, as caused by the driving forces of greed, hatred, and delusion by human beings, has eventually posed unparalleled challenges, such as depletion of resources, climate change, worldwide pandemic, and war and famine, in human history.

Facing an unprecedented global dilemma and the gradual loss of confidence in our ability to predict where history is headed, we need to be aware of the presence of these karmic forces. We also need to cultivate humility and search for a new mode of awakening to incorporate all beings in the world. Thus, the new movement of 'enlightenment' has nowadays become an imperative mission to reconstruct the ideological and moral system derived from rationality and compassion. As stated in the Vimalakirti Sutra: "a purified mind contributes to a purified land", Master Sheng-Yen's advocacy of protecting the spiritual environment provides an appropriate journey to the awakening of human mind and a new movement to enlightenment.

**Keywords : Protecting spiritual environment, Awakening, Movement of  
Enlightenment, Globalization**