

許華倚個人資料簡歷

現職

揚生慈善基金會執行長(2012-迄今)

法鼓文理學院生命教育學系學程助理教授(2026-迄今)

學歷

臺灣師範大學教育心理與輔導學博士(2025)

美國南加州大學高齡服務管理碩士(2019)

美國美利堅大學企管碩士(2002)

國立中央大學經濟學士(1999)

SSCI/SCI 論文

Hsu, H.I., Liu, C.C., Chen, H.C. et al. Digital Nudging for Enhanced Well-Being: Development and Evaluation of a 21-Day Self-Healing Intervention for Older Adults. *Applied Research in Quality Life* 20, 1783–1808 (2025). <https://doi.org/10.1007/s11482-025-10496-0>

Hsu, H. I., Liu, C. C., Kuo, C. Y., van Exel, J., Chen, H. C., & Yang, S. F. (2025). Perspectives on Well-being of Older Adults and Young People in Taiwan-A Q-Methodology Study. *Applied Research in Quality of Life*, 1-39. <https://doi.org/10.1007/s11482-024-10410-0>

Hsu, H.-I., Liu, C.-C., Yang, S. F., & Chen, H.-C. (2022). A health promotion program for older adults (KABAN!): effects on health literacy, quality of life, and emotions. *Educational Gerontology*, 49(8), 1–18. <https://doi.org/10.1080/03601277.2022.2147331>

Chu, K.-H., Tung, H.-H., Clinciu, D. L., Hsu, H.-I., Wu, Y.-C., Hsu, C.-I., Lin, S.-W., & Pan, S.-J. (2022). A Preliminary Study on Self-Healing and Self-Health Management in Older Adults: Perspectives From Healthcare Professionals and Older Adults in Taiwan. *Gerontology and Geriatric Medicine*, 8, 233372142210777. <https://doi.org/10.1177/23337214221077788>

Wu, Y.-C., Hsu, H.-I., Tung, H.-H., Pan, S.-J., & Lin, S.-W. (2021). Psychometric Properties of the Self-Healing Assessment Scale for Community-Dwelling Older Adults. *Healthcare*, 9(4), 484. <https://doi.org/10.3390/healthcare9040484>

其他期刊論文

Hsu, H. I., Chang, S. B., Lin, S.-W. An empirical study for using youth powers to create new model for aging baby boomers in Taiwan. *AIP Conf. Proc.* 2685, 040003 (2023).

<https://doi.org/10.1063/5.0117339>

黃揚名、許華倚（2021）。社區健康老人整合性健康促進方案初探之成效—自癒力教室。《健康促進與衛生教育雜誌》，41，33–52

研討會論文

TAGG-台灣老年醫學暨老年醫學會年度研討會口頭論文發表，台灣台北(2024)。高齡者透過智慧型手機使用社群媒體對其數位健康識能與生活品質之影響研究。

22nd International Society of Quality of Life (ISQOLS) Annual Conference 口頭論文發表，馬來西亞沙巴(2024)。Perspectives on Well-being of Older Adults and Young People in Taiwan-A Q-Methodology Study.

22nd World Congress of Gerontology and Geriatrics – World IAGG 2022，每四年一次全球最大的老年學暨老年醫學會議，阿根廷主辦，因疫情改線上。口頭論文發表: Let's talk: A program to enhance the communication between different generations.

22nd World Congress of Gerontology and Geriatrics – IAGG 2022，每四年一次全球最大的老年學暨老年醫學會議，阿根廷主辦，因疫情改線上。海報論文發表: A game-based health education program for community-dwelling older adults-A mixed method pilot study.